

Our Energy Choices

Transportation	Housing	Energy Use
Take the bus or ride your bicycle to work or school one day a week.	Make a family commitment to turn off the lights when a room is not being used.	Read <i>Stormy Weather: 101 Solutions to Global Climate Change</i> . Give a copy to a friend.
Organize a carpool with your work colleagues or carpool with friends for social activities.	Visit the Home Energy Saver website to learn how to reduce your heating needs: http://hes.lbl.gov	Eat less red meat. Cattle release 1lb of methane per 2lbs of meat. Rainforests are converted to cattle operations.
Invest in a green car. Visit www.fueleconomy.gov to find out if you qualify for a tax credit.	Take a class on solar technology. www.solarwashington.org	Plant a tree in your yard. Trees & plants capture CO ₂ and give off oxygen.
Buy locally to reduce transportation costs.	Buy Energy Star appliances, low-flow toilets and showerheads.	Educate yourself on the pros/cons of biofuels, coal and nuclear power.
Organize an "Alternative Transportation" presentation for your parish.	Reduce the amount of trash your household produces. Recycle household items: www.earth911.org	Join a volunteer utility program. See www.rnp.org to sign up for green energy.
Promote green meetings, e.g., teleconferencing and carbon offsets.	If building a new house, hire a green-building specialist for consultation.	Write a letter to your Mayor in support of your city using more power from wind energy.
Actively support a regional mass transit proposal. Talk with neighbors about why you support it.	Invest in a solar-powered water heater, or install a solar panel at your church.	Organize with co-students or co-workers to install photovoltaic systems on campus buildings.
Become a board member of your city's Department of Transportation or regional transit solution.	Work for state legislation to ban the sale of incandescent bulbs.	Work with your state legislator to draft a bill granting tax credits for efficiency upgrades and solar installation.
Join a climate action group e.g., www.stepitup2007.org www.coopamerica.org/programs/climate	Promote LEED (Leadership in Energy and Environmental Design) buildings: www.usgbc.org	Invest in environmentally responsible mutual funds; vote your proxies for renewable energy and to reduce green house gas emissions.

Personal Choice

Continuum of Action

Systemic Change

