



AM I SLEEPING THROUGH THE ECOLOGICAL CRISIS?

A RETREAT BASED ON THE TEACHING OF
INTEGRAL ECOLOGY IN *LAUDATO SI'*

with Sr. Alexandra Kovats, CSJP

Saturday, February 9, 2019, 8am to 3pm
St. James Cathedral Place, 803 Terry Avenue

The St. James Cathedral Care for Creation Committee invites you to participate in a retreat to help you reflect on how a healthy lifestyle can influence global warming.

This retreat day will give you the opportunity to
listen to the voice of God,
discern the Holy Spirit's movement in your life, and
take action as a steward of God's Creation.

All are welcome. The cost is free. Lunch is provided.

RSVP by February 4: Rubén de Anda, Care for Creation committee chair
(206.914.4592 | rubeytues@icloud.com) or Patrick Barredo, Director of Social
Outreach and Advocacy (206.382.4515 | pbarredo@stjames-cathedral.org)

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